



BEDTIME PRAYERS

PEACEFUL PRAYERS
FOR PARENTS
AND CHILDREN



McGREGOR
BAPTIST CHURCH

A FREE PDF GUIDE

PRAYER OF GRATITUDE

Thank you, good Father, for Your faithful love today. Thank You that You will never change. Thank You that as I go to bed You will be with me and watch over me. Thank You for my family—my mom, dad, brothers, and sisters. Thank You for Jesus, who died and rose again. Thank You that I can know Him as Savior. (Read Psalm 100)

PRAYER FOR HELP

God, I ask You for help with trusting You and Your Word. I pray for help with living for You. I pray that You would help me to honor my parents. I pray for Your help with loving others like Jesus loves. I pray that I would love You more than anyone or anything else. (Read Psalm 121)

PRAYER FOR OTHERS

Dear Heavenly Father, I pray for You to bless my parents and family. I pray for those I know who do not know Jesus. I pray for You to bless our pastors, staff, and church. I pray for our neighbors, friends, and family to know Jesus and to be blessed through me. May those in my life know the love and encouragement of Jesus Christ. (Read 1 Timothy 2:1–2)

A PRAYER FOR PEACE

God, there are many things that trouble my heart and scare me. I'm nervous about some things, and I give them to You. Please give me the peace of Jesus! Please help me to find my security and peace in Jesus Christ alone. (Read John 14:27; Philippians 4:6–8)

Parents, let this be an encouragement in modeling personal communication between you and God. Prayer is simply speaking to God. God wants to hear from our heart. The more time you spend with God in prayer and reading the Bible, the more your relationship with Him will grow. Your kids will learn it from you as you do it together.

By praying together as a family, you are building relationships with them. When you pray together with your kids, you foster daily communication with God and growth in their spiritual awareness. Families are a gift from God, and children are our heritage. Intentionally engage your child's heart, and strive to model how God transforms our hearts and minds, even as we live in an upside-down world (Romans 12:1–2). This is how discipleship starts in the home.

*Trust in the LORD with all your heart, and do not lean on your own understanding.
In all your ways acknowledge him, and he will make straight your paths.
Proverbs 3:5-6 ESV*